

found that DMSO was useful in treating various mental conditions like schizophrenia, manic depression, psychosis, delusional states, anxiety, and others.⁸⁷

In this study, researchers observed 14 acute and 6 chronic patients with schizophrenia who were treated with intramuscular injections of 50 to 80 percent DMSO in saline. All patients were discharged from the hospital after 45 days. Three patients recovered completely within 15 days. One of them stated, "I have been out of my mind. I don't know what happened to me. I wonder what my children are going to say."⁸⁸ They all experienced a quick decrease in agitation, recession of persecution or paranoid feelings, a better tendency to communicate, a return to alertness, and a sense of calmness.

Eye Health

Ironically, it was the lens changes seen in the eyes of animals in DMSO studies that halted research in the 1960s. Later, it was shown that the same kind of damage did not occur in humans.⁸⁹ In the correct concentration, DMSO can be healing to eyes for most conditions. When it comes to eye problems, I prefer a 40 percent DMSO concentration as the upper limit. Research at the University of Oregon Medical School in the early 1970s showed that 50 percent DMSO eye drops were effective in the treatment of retinitis pigmentosa (a genetic disorder that causes loss of vision) and macular degeneration. A 50 percent solution is used in an eye cup held onto the eye for 5 minutes, done once a day.

DMSO on its own or used with vitamin C and glutathione can assist with a variety of conditions including cataracts,

glaucoma, eye injury, eyesight deficiencies like floaters or discolored sclera (the white part of the eye), retinitis pigmentosa, pink eye, and sties. Do not use DMSO inside the eye if you have a false lens from cataract replacement surgery, as the DMSO can blur the lens. Instead you can apply it over the skin of a closed eye twice a day.

Apply 1 drop of either 20, 30, or 40 percent DMSO solution in normal saline in each eye by leaning back and allowing the drop to roll into the eye from the inside corner. If you are in doubt of which concentration to use, always go low first. If you wear any kind of makeup, remove it completely with a nontoxic cleanser before using the DMSO eye solution. The solution will burn and sting, so have tissues handy. Over time, this response will lessen. The whites of the eyes (the sclera) may redden, but only temporarily. The aftereffect is generally refreshing and relieving. Apply drops up to three times a day as needed. For people who have had eye surgery like LASIK or cataract surgery, I recommend applying the DMSO solution around the eye socket instead of in the eye and also taking DMSO orally.

I had a successful case of a woman in her sixties with severe ocular pressure who years before had been diagnosed with glaucoma. She was on no medication and was a yoga instructor, so she was getting regular exercise. Under my direction, she used my 20 percent DMSO eye drops with vitamin C twice a day (she affectionately called them "liquid fire") among a variety of other homeopathic remedies. It took six months of treatment, but her ocular pressure returned to normal. She was quite pleased and relieved, as the case seemed stubborn at first and she was feeling a little frustrated. I generally find that for every year of a disease, it takes three to four weeks of healing, so patience is essential.